



Monday			Tuesday			Wednesday			Thursday		
First Act	Stage Door	Out of the Box	First Act	Stage Door	Out of the Box	First Act	Stage Door	Out of the Box	First Act	Stage Door	Out of the Box
<b>3p-4p reserved for private lessons and/or Rhythm Works Integrative Dance classes</b>											
	4:15-4:45p Triple Threats Prep Ages 5-7 MG	4-4:45p Senior Tap Ages 14-18 LM	4:10-4:40p Preschool Pizzazz (Pink tutu dress) Ages 3-4 RM	4-4:45p Petite ShowStars Ballet-Tap Ages 5-6 (Black Leo) SJB FULL	4-5p Junior/Teen Tap-Jazz Ages 9-12 LM		4-4:45p Jr. Hip Hop Ages 7-10 KM	4-4:45p Teen Lyrical Ages 11-13 SJB		4-4:45p Preschool Pizzazz Ballet & Tap (Purple tutu dress) Ages 4-5 LM	4-4:45p Elite Petite Ballet Ages 7-9 SJB
5-5:40p Plano Lab I New Beginners Ages 6-8	4:50-5:20p Triple Threats Prep Ages 5-7 MG	4:50-5:35p Senior Lyrical Ages 14-18 SJB	5:10-5:50p Piano Lab II Ages 6-8 FULL	5-5:45p Preschool Pizzazz Ballet & Tap (Purple tutu dress) Ages 4-5 SJB FULL	5:05-6:05p Junior Ballet Ages 9-10 TW		4:50-5:35p ★Acrobatique Acro-Dance Ages 5-8 KM	4:55-5:55p Teen Ballet Ages 11-13 TW		4:50-5:35p Teen/Sr. Hip Hop Middle/High SJB	4:50-5:35p Elite Petite Tap-Jazz Ages 7-9 LM
5:45-6:25 Piano Lab I Ages 5-7 FULL	5:40-6:10p Hippity Hop Ages 5-7 SJB	5:40-6:25p Triple Threats Middle/High LM/AH	6:05-6:40p Piano Lab III Ages 9-10 FULL	5:50-6:35p Preschool Pizzazz I Ballet & Tap Ages 3-4 (Pink tutu dress) SJB	6:10-7:10p Senior Ballet Ages 14-18 TW			6-6:30p En Pointe   Jr Ages 11-13 TW <i>Teacher Recommendation</i>		5:40-6:25p Petite ShowStars Ballet-Tap (Black Leo) Ages 5-6 LM FULL	5:40-6:25p Teen/Sr. Jazz Middle/High SJB
	6:30-7:15 Triple Threats Junior Grades 3-5 LM/AH			6:30-7:15p Adult Tap LM Pay per class.	7:15-7:45p En Pointe   Sr Ages 14-18 TW	<b>Color Key</b> BLACK=Space is available in the class Red=Class is full Purple= NEW class for Spring '21				6:30-7:15p Dance Fitness Adults SJB Pay per class.	6:30-7:15p Tanglefoot Teen Tap Co. Ages 11-13 Teacher Rec LM
<b>Studio Owner and Artistic Director: Lynne Meyer    Office Manager: Mrs. Kathy Garris    Phone: 828-565-0381</b> Instructors: Lynne Meyer (LM)    Sarah Jane Blackburn (SJB)    Trisha Wolf (TW)    Kathryn Millis (KM)    Reagan Mulvey (RM)    Adriane Howard (AH)    Madison Garris (MG)											

- ❖ Private or semi-private dance lessons can be scheduled for ages 8+. Please speak with Ms. Lynne for more information about private dance.
- ❖ Private voice lessons are offered for ages 11+. For more information, please inquire at the front desk or phone the office.

## **NEW for '21**

**ACROBATIQUE Acro Dance** is a genre of dance which incorporates elements of balancing, lyrical/gymnastic tricks, jazz, and tumbling. There are 12 levels of Acrobatique but we will start with Level I for Spring '21 and gradually add a level each semester. Come check it out, it's a great program!

**Adult Dance Fitness:** Taking funky, fun, and fabulous dance moves from a variety of genres with varying intensity levels, this dance fitness mash-up is exactly what you need to help you reach your 2021 fitness goals! Get ready to shake your body and the wintertime blues away. Added bonus is that you'll burn some major calories! No commitment; pay per class \$10 for adults without a child enrolled and \$5 for adults with a currently enrolled student.

**Hippity Hop Ages 5-7:** This class is a perfect introduction to hip hop and jazz dance techniques. Music and movements are always age-appropriate. Girls should wear leotards with shorts or stretch pants (yoga pants with a leotard or a t-shirt. Please pull hair back away from the face. Boys should wear shorts or athletic pants and a t-shirt. "Real" hip hop shoes are required for this class as they protect the children's ankles and growing feet!

### **MUSICAL THEATER: Broadway is coming back and we want to be ready!**

**Triple Threats Prep: Intro to Drama & Acting Ages 5-7** | Mondays 4:15-4:45p or Mondays 4:20-4:50p | Madison Garris, Instructor

This introductory movement & drama class, designed for the youngest actors, explores the most basic elements of acting and creative expression. Through simple theater games, story acting (i.e. "Rainbow Fish", "Cinderella", etc.) speech/diction exercises, music rhythm exercises, and stage movement, students will develop age appropriate acting and social skills.

**Triple Threats Junior:** Grades 3-5 | Mondays from 6:30-7:15p | Lynne Meyer & Adriane Howard, Instructors

**Triple Threats Senior:** Middle and High School Grade Levels | Mondays from 5:40-6:25p | Lynne Meyer & Adriane Howard, Instructors

### **Our Covid Health and Safety Protocol for Triple Threats**

- All students and faculty will be required to wear a face covering
- Class sizes are limited based on the allowed capacity per each teaching studio.
- All students will be socially distanced throughout the class.
- For the initial starting weeks we will focus on acting, character development, improvisation, and staging. For the music (vocal) component we will work on learning to read music & rhythms, song interpretation, and musical singing styles. Songs to be studied will be introduced in class and students will be given copies of the sheet music so that they can work on the material at home. Only after Covid restrictions have been lessened will we begin live singing during class.
- Temperature checks and health screenings will be done before students enter the classroom.
- The classroom environment and all materials used in class meetings will be thoroughly cleaned and sanitized before and after use.

### **Spring Triple Threats Performance**

Of course we want to "do a show" this spring but we have to be realistic and patient. We will plan **as if** we are going to be able to perform a full-fledged musical production, but if we are not allowed to add in the live singing we will modify the performance to be a "dansi-cal" which is a musical with dancing and acting to pre-recorded music. The characters will be created and developed, we will attack the conflict and resolution of the story, costumes and make-up will be applied, and most importantly, we will harness our imaginations and come up with our own unique way of storytelling! They say "boundaries can be freeing" so now is a great time to put that old adage to the test! As soon as class registration has been solidified we will determine our show and move forward in the production process.

### **Ms. Lynne is now a Rhythm Works Integrative Dance Certified Instructor.**

After completing the coursework in the spring she is now trained to apply fun & functional dance movement to evidence-based practices commonly used in sensory integration, ABA therapy, kinesiology, & movement safety to aid in reaching developmental goals. If you know someone who might benefit from this type of class environment, please have them contact the office at 565-0381. Ages 3-adults. **Everybody deserves a chance to dance!**